

AS SEEN IN
VENTURA BLVD
HEALTH

PSYCHOLOGICAL AND NUTRITIONAL COUNSELING IN ENCINO

16550 Ventura Blvd. #318 | Encino

Margie Slater, PsyD
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Jennifer Galvan, PhD
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Kathryn Lee, MPH, RD
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SERVICES OFFERED

- Individual psychotherapy
- Couples counseling
- Family therapy
- Nutritional counseling
- Children, adolescents and adults

“It’s an honor to be invited into people’s lives in such an intimate and meaningful way.”

MARGIE SLATER, PSYD

Dr. Margie Slater is a licensed clinical psychologist. She works with adolescents and adults, and in addition to her general psychotherapy practice she specializes in the treatment of eating disorders and maternal mental health. She has worked in residential, day and outpatient treatment, most notably at the Monte Nido Treatment Center for eating disorders. Additionally, Dr. Slater has advanced training in psychoanalytic psychotherapy from the Wright Institute Los Angeles and the New Center for Psychoanalysis.

WHAT DO YOU FIND MOST REWARDING ABOUT YOUR WORK?

“I love being a psychologist. It’s an honor to be invited into people’s lives in such an intimate and meaningful way. Helping individuals, new parents, couples and families heal wounds and make profound changes in their lives is an incredibly rewarding experience.”

MARINA BOCHKUR-DRATVER, PSYD

Dr. Marina Bochkur-Dratver has been a licensed clinical psychologist for more than 17 years and has extensive experience providing treatment to children, adolescents, adults, couples and families. She specializes in parenting education and women’s issues. She works successfully with clients of all ages struggling with anxiety, dealing with communication difficulties with family members or significant others, experiencing relationship issues in general, as well as helps with transitional-age issues such as college application process and adjustment to young adulthood.

WHICH OF YOUR ATTRIBUTES IS MOST IMPORTANT IN CARING FOR CLIENTS?

“I’m invested in meeting the needs of each client and providing an environment wherein they trust that I’m there with them to accomplish their goals. Through my valued relationship with clients, I help them make their relationships be most fulfilling.”

JENNIFER GALVAN, PHD

Dr. Jennifer Galvan is a licensed clinical psychologist who works with children, adolescents and adults around a variety of topics including self-growth, career conflicts, stress management, depression, anxiety, trauma, sexual identity, parenting, academic difficulties, relationship concerns and more. Dr. Galvan has training in crisis intervention, individual therapy, couples counseling and family therapy. She provides an environment that is safe and allows individuals to feel secure and comfortable in the process of therapy.

DO YOU HAVE A HOLISTIC APPROACH TO TREATING PATIENTS?

“Yes, I strive to work holistically when treating my patients. I believe that the emotional, physical and spiritual elements are interconnected and must be addressed for optimal health to be achieved. I utilize mind-body practices to help address concerns in specific areas.”

KATHRYN LEE, MPH, RD

Kathryn Lee is a nutrition therapist who offers individual and group consultations for individuals who struggle with eating and exercise disorders, disordered eating and emotional eating. She utilizes a non-diet approach to her treatment to help clients heal their relationship with food and their bodies. Kathryn has been working in the eating disorder field since 2008 and has had significant experience working in residential, day and outpatient programs around Los Angeles.

HOW DO YOU COORDINATE CARE WITH OTHER PROVIDERS?

“Collaboration with other health care professionals, which include psychotherapists, medical providers and psychiatrists, is essential to patient care in my private practice. Communicating with other providers allows each of us to share our expertise and knowledge to best support our clients.”



L to R:
Jennifer Galvan, PhD